

**STATUS OF THE CLAIMS**

1. A dietary supplement comprising growth medium from at least one microorganism.
2. The dietary supplement of Claim 1, wherein said microorganism is a fungi.
3. The dietary supplement of Claim 2, wherein said fungi is present as a co-culture.
4. The dietary supplement of Claim 3, wherein said co-culture is a symbiotic co-culture.
5. The dietary supplement of Claim 2, wherein said fungi is *Zygosaccharomyces*.
6. The dietary supplement of Claim 3, wherein said co-culture comprises at least one bacteria.
7. The dietary supplement of Claim 6, wherein said bacteria is selected from the group consisting of *Gluconacetobacter europaeus* and *Bacillus pumilus*.
8. The dietary supplement of Claim 1, wherein said growth medium is dry growth medium.
9. The dietary supplement of Claim 8, wherein said supplement further comprises one or more additional components selected from the group consisting of dry red wine extract, dry shizanda extract, alfalfa, and papain.
10. The dietary supplement of Claim 9, wherein said supplement comprises dry growth medium and dry red wine at a ratio of approximately 2.35:1.

11. The dietary supplement of Claim 9, wherein said supplement comprises dry growth medium and dry shizandra extract at a ratio of approximately 4.7:1.

12. The dietary supplement of Claim 9, wherein said supplement comprises dry growth medium, alfalfa, and papain at a ratio of approximately 7.8:1.67:1.

13. A foodstuff comprising the dietary supplement of Claim 1.

14-31 (cancelled).